

RONNA S. PARSA, D.O.
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Practice History

Glendale Fidelity Medical Group, Inc., Glendale, CA
October 2017-present

Postdoctoral Training

Andrews Research and Education Foundation Aug 2016 – Jul 2017
Orthopaedic Sports Medicine Surgery & Arthroscopy Fellowship
Gulf Breeze, FL

Midwestern University Jul 2011 - Jun 2016
Orthopaedic Surgery Internship and Residency
Chicago, IL

- John H. Stroger, Jr. Hospital of Cook County - *Trauma*
- Northwestern Memorial Hospital - *Hand and Upper Extremity*
- University of Chicago at Weiss Memorial Hospital - *Adult Reconstruction*
- Shriner's Hospital for Children – *Pediatrics, Spine*
- Advocate Christ Medical Center - *Trauma, Foot & Ankle, Pediatrics, Hand*
- Ingalls Memorial Hospital – *General, Spine, Sports Medicine, Adult Reconstruction*
- Franciscan St. James Hospitals – *General, Sports Medicine, Spine*
- Advocate Illinois Masonic Medical Center- *Trauma, General, Sports Medicine, Hand*
- Little Company of Mary Hospital - *General, Sports Medicine*

Education

Western University of Health Sciences, D.O., with Honors Aug 2007 - May 2011
College of Osteopathic Medicine of the Pacific
Pomona, CA

University of California, Santa Cruz, B.S., magna cum laude
Molecular, Cell and Developmental Biology, *Highest Honors in Major* Sep 2003 - Mar 2007
Santa Cruz, CA

Medical Licensures

State of California, Osteopathic Medical Board of California, *Active* Apr 2017
State of Florida, Department of Health, Division of Medical Quality Assurance, *Active* Feb 2016
State of Alabama, Alabama Medical Licensure Commission, *Inactive* Apr 2016
State of Illinois, Department of Financial and Professional Regulation, *Inactive* Jul 2011

Certifications

Advanced Cardiovascular Life Support Provider , American Heart Association	May 2017
Advanced Trauma Life Support Provider , American College of Surgeons	Jul 2014

Professional Society Memberships

- *Member*, Arthroscopy Association of North America
- *Candidate Member*, American Orthopaedic Society for Sports Medicine
- *Member*, American Academy of Orthopaedic Surgeons
- *Member*, American Osteopathic Academy of Orthopedics
- *Member*, American Osteopathic Association
- *Member*, Phi Beta Kappa, National Honors Society

Administrative Services

- *Board Member*, Silver Service Children's Foundation. (2014 – 2016)
- *Chief Resident Physician*, Department of Orthopedic Surgery, Midwestern University. (2015 – 2016)
- *Fundraising Chairman*, Silver Service Children's Foundation. (2014 – 2015)
- *Treasurer*, Department of Orthopedic Surgery, Midwestern University. (2012 – 2014)
- *Vice President*, Sports Medicine Club, Western University of Health Sciences. (2008 – 2009)
- *Fundraising Chairman*, International Service Club, Western University of Health Sciences. (2008 – 2009)
- *Representative*, COMP Leadership Council, Western University of Health Sciences. (2008 – 2009)

Honors and Awards

- *Scientific Paper Award in Sport Medicine*, American Osteopathic Academy of Orthopedics. Oct 2017
- *Orthopaedic Traveling Fellowship Award*, Health Volunteers Overseas. Mar 2016
- *President's Award*, Western University of Health Sciences. May 2011
- *Glasgow-Rubin Citation for Academic Achievement*, American Medical Women's Association. May 2011
- *National Dean's List*, Western University of Health Sciences. Spring 2011
- *National Dean's List*, Western University of Health Sciences. Fall 2010
- *National Dean's List*, Western University of Health Sciences. Spring 2010
- *National Dean's List*, Western University of Health Sciences. Fall 2009
- *National Dean's List*, Western University of Health Sciences. Spring 2009
- *National Dean's List*, Western University of Health Sciences. Fall 2008
- *National Dean's List*, Western University of Health Sciences. Spring 2008
- *National Dean's List*, Western University of Health Sciences. Fall 2007
- *Certificate of Recognition*, Red Cross. Cusco, Peru. Jul 2008
- *National Honors Society*, Phi Beta Kappa, University of California, Santa Cruz. Jun 2007

Local and International Service

- *Orthopaedic Traveling Fellow*, Health Volunteers Overseas. Managua, Nicaragua. (Mar 2016)
- *International Orthopaedic Volunteer*, Silver Service Children's Foundation. Cali, Colombia. (Apr 2015)
- *International Medical Exchange Student*, IFMSA. University of Tübingen, Germany. (Jul 2010)
- *International Medical Volunteer*, Red Cross. Cusco, Peru. (Jul 2008)
- *Medical Volunteer*, Montclair Clinic, Western University of Health Sciences. Pomona, CA. (2008 – 2009)
- *Medical Volunteer*, Pomona Community Health Action Team. Pomona, CA. (2007 – 2009)
- *Tutor*, Western University of Health Sciences. Pomona, CA. (2008):
 - Gross Anatomy, Head & Neck Anatomy, The Molecular and Cellular Basis of Medicine
- *Emergency Department Volunteer*, Dominican Hospital. Santa Cruz, CA. (2005 – 2007)
- *Volunteer*, Los Angeles Orthopaedic Hospital. Los Angeles, CA. (1999 – 2003)

Research and Publications

- *The Effects of Short-Term Exercise on Two Points of Care Blood Products.* Parsa RS, Anz AW, Matuska A. Andrews Research and Education Foundation. Manuscript submitted to AJSM. Jul 2017.
- *Environmental Mobilization of Hematopoietic Stem Cells with Exercise, Compression, and Cooling.* Anz AW, Parsa RS, Hansen DR, Warrell CS, Plummer HA, Stelly JM, Rendos NK. Submitted to American College of Sports Medicine Annual Meeting. Minneapolis, MN. May 2018.
- *Prospective Long Term Analysis of Outcomes in Anterior and Posterior Labral Repairs in Athletes – A Comparison of Techniques.* Parsa RS, Jordan SE, Ostrander RV, Andrews JR. Andrews Research and Education Foundation
- *Blumensaat's Line: An Anatomic Study for Preoperative Templating of Patellar Tendon Graft in ACL Reconstruction.* Parsa RS, Roth C, Joyner P, Saper M.
- *Arthroscopic Findings Following Adipose Derived Stem Cell Injection: A Case Report.* Parsa RS, Anz AW, Ostrander RV, Morris A. AREF
- *Modified Pemberton Surgical Technique and Case Series.* UIC Department of Orthopaedic Surgery. Parsa RS, Gourineni P. Manuscript submitted to JPO.
- *Hazards of Surgical Smoke and the Orthopedic Implications.* Parsa RS, Payne WK, Dirig N. IJOS. 2015 Vol. 24:1. DOI: 10.5580/IJOS.31497
- *Low-Grade Central Osteosarcoma of the Second Metatarsal in a 72 Year Old Male.* Parsa RS, Marcus M, Orlando R, Parsa C. *ISPUB.* Dec 2013. Vol. 21:2.
- *C. elegans RPM-1 Regulates Axon Termination and Synaptogenesis through the Rab GEF GLO-4 and the Rab GTPase GLO-1.* Jin et al. *Neuron* 2007;55(4):587-601.

Presentations and Posters

- *Comparison of Anteromedial Portal versus Transtibial Femoral Reaming in Primary ACL Reconstruction Using Achilles Tendon Allografts.* Guelich DR, Nam EK, Johnson J. AOA Scientific Paper Award Winner in Sports. Presented at AOA Annual Conference. Chicago, IL. Oct 2017
- *Return to Play After ACL Reconstruction; A Prospective Study Evaluating Post ACL Rehabilitation Protocols.* Iturbide P, Parsa RS, Guelich DR;. Presented at UIC Thesis Day. Chicago, IL. Jun 2015.
- *Hazards of Surgical Smoke and the Orthopedic Implications.* Parsa RS, Payne WK, Dirig N. IJOS. 2015 Vol. 24:1. DOI: 10.5580/IJOS.31497. Poster presented at AOA Annual Conference. Rancho Palos Verdes, CA. Oct 2014.
- *Mechanisms of Injury in Pediatric Supracondylar Humerus Fractures.* Kawasaki E, Parsa RS, Schlecter J. Poster presented at AOA Annual Conference. San Francisco, CA. Oct 2010.