

# Timothy August Hartshorn, M.D.



## GLENDALE FIDELITY MEDICAL GROUP

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[www.glendalefidelitymedicalgroup.com](http://www.glendalefidelitymedicalgroup.com)

## Employment

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Glendale Fidelity Medical Group, Inc. Associate surgeon	4/2015-current	Glendale, CA
Los Angeles Shoulder & Sports Medicine Director and Surgeon	04/2015 - current	Marina del Rey, CA
Beach Cities Orthopedics & Sports Medicine Associate Surgeon	10/2013 - current	Manhattan Beach, CA

## Postdoctoral Training

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Fellowship - Harvard Shoulder Service Massachusetts General Hospital and Brigham and Women's Hospital	08/2012 - 08/2013	Boston, MA
Residency - University of Southern California Los Angeles County Medical Center and USC University Hospital	07/2007 - 07/2012	Los Angeles, CA

## Education

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Medical School - University of Texas at Houston Doctor of Medicine (M.D.)	7/2003 - 5/2007	Houston, TX
Undergraduate - Baylor University Bachelor of Science (B.S.), Cum Laude	7/1997 - 5/2002	Waco, TX

## Professional Societies

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American Academy of Orthopaedic Surgeons Candidate Member	08/2007 - 10/2015
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## Current Licensure and Certification

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Physician and Surgeon, California	05/2009 - 09/2016
Physician and Surgeon, Massachusetts	02/2012 - 09/2016
Fluoroscopy Supervisor and Operator, California	02/2011 - 02/2017
Drug Enforcement Certification - Unrestricted	09/2014 - 10/2017
Controlled Substance Practitioner, Massachusetts	04/2012 - present

## Honors and Prizes

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<b>USC Senior Research Paper Award - 1<sup>st</sup> Place</b>	<b>07/2012</b>
Mentor - Dr. C. Thomas Vangness, Jr. Optical Coherence Tomography in Evaluation of the Human Rotator Cuff.	
<b>USC Junior Research Paper Award - 1<sup>st</sup> Place</b>	<b>12/2010</b>
Mentor - Dr. GF "Rick" Hatch, III. Radiographic Landmarks of the Superficial Medial Collateral Ligament.	
<b>Resident Teacher of the Year Award</b>	<b>07/2008</b>
Awarded by the Department of General Surgery at the University of Southern California	
<b>Rookie of the Year Award</b>	<b>09/2004</b>
Awarded by managers and media of the professional Central Baseball League	
<b>National Collegiate Athletic Association Postgraduate Scholarship</b>	<b>05/2003</b>
<b>Big XII Conference Postgraduate Scholarship</b>	<b>05/2003</b>
<b>Team Captain - Baylor University Baseball Team</b>	<b>07/2001 - 05/2002</b>

## Report of Education of Patients and Service to the Community

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<b>New England Revolution, Major League Soccer</b>	<b>2013</b>
Assisted head team physician	
<b>University of Southern California, Varsity Sports</b>	<b>2008 - 2012</b>
Joined staff physicians at practices, evaluating injuries, and participating as part of the treatment team.	
<b>Volunteer Surgeon, Mbarara, Uganda</b>	<b>2010</b>
Assisted in surgical cases and engaged in clinical evaluation during four-day visit to the Mbarara University of Science and Technology in Mbarara, Uganda.	
<b>Bank of America Community Champion</b>	<b>2000</b>
Award based on community involvement and accomplishments in Big 12 Conference athletics	

## Report of Scholarship

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### Publications - Journal Articles

Li X, Eichinger JK, Hartshorn T, Zhou H, Matzkin EG, Warner JP. A Comparison of the Lateral Decubitus and Beach-Chair Positions for Shoulder Surgery: Advantages and Complications. *J Am Acad Orthop Surg*. 2015 Jan;23(1):18-28.

Hartshorn T, Ren J, Yang C, Vangsness CT. Imaging of the Rotator Cuff with Optical Coherence Tomography. (Accepted to *Orthopedics*, awaiting publication).

Hartshorn T, Otarodifard A, White E, Hatch GF. Radiographic Landmarks for Locating the Femoral Origin of the Superficial Medial Collateral Ligament. *AJSM*, Vol. 41, Issue 11, November 2013, pp. 2527-32.

Schein A, Matcuk G, Patel D, Gottsegen CJ, Hartshorn T, Forrester D, White E. Structure and Function, Injury, Pathology, and Treatment of the Medial Collateral Ligament of the Knee. *Emerg Radiol*. 2012 Aug 14.

### Publications - Book Chapters

Hartshorn T, Hatch GF. Meniscectomy and Meniscal Repair. In: Magnusson J, Maxey L. *Rehabilitation for the Postsurgical Orthopedic Patient*, Third Edition. St. Louis: Mosby. (Awaiting publication).

Hartshorn T, Eichinger J, Shi L, Warner JP. (2014). Arthroscopic Suprascapular Nerve Release. In G. Milano, & A. Grasso (Eds.), *Shoulder Arthroscopy: Principles and Practice* (pp. 473-483). Springer.

### Current Projects

Outcomes of Fibrous Unions in Lesser Tuberosity Osteotomies (accepted for publication by the *American Journal of Orthopedics* 4/2015)

Mentors: Dr. Laurence Higgins

Intermediate Term Outcomes of Shoulder Arthroplasty in the Young Population

Mentors: Dr. Jon Warner, Dr. Laurence Higgins

Biceps Tenodesis Revision Outcomes

Mentors: Dr. Jon Warner, Dr. Laurence Higgins

Scapular Spine Fractures After Reverse Shoulder Arthroplasty

Mentor: Prof. Christian Gerber

## Presentations

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“Reverse Total Shoulder Arthroplasty: A review of current concepts, surgical technique, and clinical outcomes.” Scientific Exhibit at the 2014 AAOS Annual Meeting. March 11-15, 2014. New Orleans, LA. Co-author #SE38.

“Imaging of the Rotator Cuff Using Optical Coherence Tomography.” ePoster presentation #e242. AANA Meeting, San Antonio, Texas. April 25-27, 2013.

“Shoulder Physical Examination.” Harvard Medical School. Oct. 27, 2012.

## Course Faculty

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San Diego Shoulder Meeting. Shoulder Arthroplasty Instructor/Cadaver Lab Proctor. San Diego, CA. June 18-21, 2014.

“My Patient has a Rotator Cuff Tear: Latest Strategies to Optimize Outcomes.” Boston Shoulder Institute, Department of Rehabilitation Services. Brigham and Women’s Hospital. Course Faculty. Nov. 17, 2012.

## Editorial Board Member

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World Journal of Orthopedics

1/2015 – current

## Interests/Hobbies

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Stand up paddling, cycling, Spanish, basketball, traveling, water sports, and social activities with family, friends, and colleagues