

## **KATRINA M. VLACHOS, M.D.**

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Glendale, CA  
91205

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### **EDUCATION**

- 1986-1991                    *UNIVERSITY OF CALIFORNIA, IRVINE*, Irvine, CA  
Bachelor of Science Degree in Biological Sciences
- 1991-1995                    *ST. LOUIS UNIVERSITY SCHOOL OF MEDICINE*, St. Louis, MO  
Doctorate of Medicine

### **POSTGRADUATE TRAINING**

- 1995-1996                    *HARBOR-UCLA MEDICAL CENTER*, Torrance, CA  
Transitional Year Internship
- 1996-1999                    *UNIVERSITY OF MICHIGAN HEALTH SYSTEMS*, Ann Arbor, MI  
Physical Medicine & Rehabilitation

### **EMPLOYMENT AND PROFESSIONAL EXPERIENCE**

- 01/2018- present            Glendale Fidelity Medical Group, Inc  
Glendale, CA
- 01/06-present                *KATRINA M. VLACHOS, M.D., INC.*  
Beverly Hills, CA and Marina del Rey, CA  
Private Practice
- 08/99-01/06                 *GOLDSTEIN & PENENBERG ORTHOPEDIC ASSOCIATES*  
Beverly Hills, CA  
Private Practice-Employed
- 02/00-11/05                 *CEDARS-SINAI MEDICAL CENTER*, Beverly Hills, CA  
Medical Staff
- 10/05-02/07                 *CENTURY CITY DOCTORS HOSPITAL*, Los Angeles, CA  
Medical Staff
- 03/06-07/07                 *CENTINELA-FREEMAN HOSPITAL SYSTEMS*, Marina del Rey, CA  
Medical Staff

## **CERTIFICATION AND LICENSURE**

ABPM&R Board Certified (6/00)  
Michigan Medical Educational License #43010610174 (expired)  
California State Medical License #A068888 (active)  
DEA #BV6457786

## **RESEARCH EXPERIENCE**

1988-1990                      *UNIVERSITY OF CALIFORNIA, IRVINE MEDICAL CENTER*, Irvine, CA  
Research Assistant

## **AWARDS/HONORS**

1995                              Graduated *Summa Cum Laude*, St. Louis University School of Medicine  
1995                              Nominated to *Alpha Omega Alpha Medical Honor Society*  
1989                              *Athletic Scholarship*, University of California, Irvine Women's  
Volleyball Team  
1987-1989                      *Scholar-Athlete*, University of California, Irvine  
1988                              *Coach's Award*, University of California, Irvine Women's Volleyball  
Team  
1986                              *National Dean's List*, University of California, Irvine

## **PROFESSIONAL AFFILIATIONS**

2016-present                      Qualified Medical Examiner  
1996-2004, 2017                      American Academy of Physical Medicine & Rehabilitation  
1996-1999                      Physiatrists Association of Spine, Sports, and Occupational Medicine  
1995-present                      Alpha Omega Alpha  
1991-1995                      American Medical Association  
1991-1995                      American Medical Student Association

## **PRESENTATIONS**

February 2008                      *Differentiating Rotator Cuff Tendinopathy From C6 Radiculopathy*  
Cervical Spine Trauma Seminar  
Southern California College of Chiropractic, Whitter, CA  
September 2007                      *Exercise is the Best Medicine*  
Phase IV Training Facility  
August 2000                      *Lumbar DIScovery*  
Grand Rounds, University of Michigan Hospital

**PRESENTATIONS  
CONTINUED**

- November 1998      *Acute Lower Extremity Swelling in a Child with Spinal Cord Injury*  
Abstract accepted for poster presentation at the 60<sup>th</sup> Annual  
Assembly of the Academy of Physical Medicine and Rehabilitation,  
Seattle, WA
- April 1998      *Stingers*  
Neuromuscular Conference, University of Michigan Hospital
- January 1998      *Rotator Cuff Tendinopathy in Paraplegic Patients*  
Grand Rounds, University of Michigan Hospital
- April 1998      *Spinal Stenosis*  
Grand Rounds, University of Michigan Hospital

**MEDIA EXPERIENCE**

- May 2008      Women in Pain, Channel 7 ABC 4:00pm News  
Interview by Heath Reporter Denise Dador  
City of Hope, Pasadena, CA

**PUBLICATIONS**

- 1998      Vlachos, K.M., Nelson, V.S., et al, *Acute Lower Extremity Swelling in a  
Child with Spinal Cord Injury*. Abstract in Arch PM&R, Sept.1998;  
Vol 79; No 9; p1177.

**REFERENCES**

Provided upon request